

The Well: Resources for Renewal and Relief

“The Lord will guide you continually and satisfy your needs in parched places and make your bones strong, and you shall be like a watered garden, like a spring of water whose waters never fail.” - Isaiah 58: 11

GENERAL RESOURCE LIST

Food Assistance

North Philly Food Banks:

Katie's Cupboard 5900 N. 5th St.
215-424-4800

Helping Hands 226 W. Coulter St.
215-276-7200 ext. 3039

My Mothers Table 4740 Masher St.
267-251-9354 (Asistencia en espanol)

Creative Performing Arts Center of Philadelphia 4954 Rubicam St.
215-626-1314

Gather the People House of Prayer
1429 W. Clearfield St.
267-300-2397

River of Life Philadelphia
701 E. Cornwall St.
267-639-0314 (Asistencia en espanol)

Saint John's Memorial Baptist Church
2853 Germantown Ave.
267-288-7805

North Philadelphia SDA Church
Germantown Ave.
215-235-1001

Lutheran Settlement 1340 Frankford Ave.
215-246-8610 (Asistencia en espanol)

Additional Resources

Philabundance.org

ShareFoodProgram.org

PA-Navigate.org

Feedingpa.org

Phila.gov/food

Dial 211 or visit PA211.org

Soup Kitchens

Sunday Breakfast Rescue Mission
302 N. 13th St. Philadelphia, PA
(Everyday 7am, 12pm, 6pm)
215-922-6400

Mercy Hospice
334 S. 13th St., Philadelphia, PA
215-545-5153

Devereux UMC
2527 W. Alleghany Ave. Philadelphia, PA
(Wednesday 12-1pm)
215-221-5050

Broad St. Ministry
315 S. Broad St. Philadelphia, PA
(M-F 12-1pm)
215-735-4847

Emergency Housing Assistance

Appletree Family Shelter
1430 Cherry St., Philadelphia, PA
215-686-7150 (7am-3pm)

Brotherhood Mission (Men's Shelter)
401 E. Girard Ave. Philadelphia, PA
215-739-4517

Our Brother's Place Men's Day Shelter
(Meals, showers, clothes, counseling
assistance,
doctor provided Tuesdays and Thursdays)
907 Hamilton St., Philadelphia, PA
215-236-7024 (8am-8pm, 7days a week)

Drueding Center (women and children)
413 W. Master St., Philadelphia, PA
215-769-1830

Eliza Shirley House (women and children)
1320 Arch St., Philadelphia, PA
215-568-5111 (open 24hrs)

Philadelphia Committee for the Homeless
Day Shelter
807 N. Broad St., Philadelphia, PA
215-232-2300

Victory Shelter Programs, Inc. (Emergency
Shelter)
935 N. 42nd St, Philadelphia, PA
215-382-2938

Housing Assistance

Philadelphia Fair Housing Commission
Saveyourhomephilly.org
215-686-4670

Save Your Home Philly Hotline 215-334-4663
Saveyourhomephilly.org
Help for homeowners with mortgage
delinquencies, foreclosures, and predatory
loans

Tenant Action Group
215-575-0700
Helps with disputes between tenants and
landlords

Tenant Union Representative Network
(TURN)
215-940-3900
Counseling for landlord/tenant disputes,
rental assistance, tenants' rights

Clothing Assistance

Friends Neighborhood Guild, Inc.

701 N. 8th St. Philadelphia, PA
215-923-1544, Ext. 100
May provide free baby diapers and household
goods.

Career Wardrobe and Skills – Women Only

21 S. 12th St. Suite 110, Philadelphia PA
215-568-6693
Assists unemployed or underemployed
women with free professional attire, career
skills training, and networking. The agency
can help clients find a new or better job.

Grands As Parent's (GAP's) Clothes Closet

2121 N. Gratz Ave. Philadelphia, PA
877-236-5848 – call for hours

Lighthouse, Inc.

152 Lehigh Ave., Philadelphia, PA
215-425-7800

Utilities

Utility Shut-off Assistance 215-972-5170

Gas Heating Bill Assistance 866-857-7095

Job Assistance

PA Career Link Philadelphia

Offers free or low-cost vocational skills training to PA residents.

1-833-750-JOBS or visit pacareerlinkphl.org

Career Wardrobe and Skills – Women Only

21 S. 12th St., Suite 110, Philadelphia, PA

215-568-6693

Provides unemployed or underemployed women with free professional attire, career skills training, and networking.

Emotional/Mental Wellness Assistance

Text or Dial **988** for Suicide & Crisis Lifeline (24/7)

Healthymindsphilly.org

Community Behavioral Health

Mental health and substance use treatment services for Philadelphians with Medicaid

888-545-2600

Behavioral Health Services

Mental health and substance use treatment services

215-685--5400

Mo' Better Healing

(Last Mondays of the Month on Zoom)

Free faith-based peer-led virtual bereavement support group

Free Grief and Loss Support 215-685-7408/7411

Domestic Violence Hotline 866-723-3014

Health Assistance

Medicaid 1-866-550-4355

PHMC Dental Emergency Dental Services

215-309-6223

Medical and Dental Services

(Stephen Klein Wellness Center)

215-320-6187

Substance Use Disorder

BHSI Substance Use Treatment 215-546-1200

Alcoholics Anonymous 215-923-7900

Narcotics Anonymous 215-629-6757

For Families Impacted by Substance Use Disorder

Al-Anon Family Groups 215-222-5244

Spiritual Wellness

Morris Brown AME Church

Free Pastoral Counseling
morrisbrown@morrisbrownphilly.org
 Bible Study (Tuesdays at 7pm)
 Meeting ID: 749 502 6408
 Prayer Call (Thursdays at 7am)
 1-425-436-6200 Passcode: 830859#

Dr. Zina Jacque Sacred Pause

Free Christian meditations, devotionals, and soulful reflections.

www.youtube.com/@DrZinaJacque

Alabaster

Free Guided Christian Meditations
www.youtube.com/@AlabasterCo

Youth Specific Resources

Cradles to Crayons

4700 Wissahickon Ave. Suite 142, Philadelphia
 Provides essential items for children
 215-836-0958

Youth Services, Inc. for Homeless/Runaway Teens

1526 Fairmount Ave. 215-787-0633
 3401 Baring St. 215-386-0251
 6325 Burbridge St. 215-848-0417

Text “Brave” to 741-741 or Dial 1-800-273-TALK

to connect to Crisis Text Line if you are in crisis and need to talk NOW

Community Evening Resource Centers (CERC)

Free safe spaces and activities for kids and teens ages 10-17.
 (Every night 7pm to 2am)

North Philadelphia location:

Institute for the Development of AA Youth (IDAAY)
 2305 N. Broad St., Philadelphia, PA
 215-235-9110

Visit phila.gov for more locations in the city